



University of Kashmir

Department of Students Welfare

No.:DSW/YD2126

Dated: 17 June, 2026

CIRCULAR

Subject: Registration for International Yoga Day 2026 Celebrations

The University of Kashmir, is organizing the **International Yoga Day 2026** celebrations on **Sunday, 21st June 2026**, at the **Athletic Track, University of Kashmir**, as part of the nationwide observance of International Yoga Day.

All **Heads of Departments/Centres, Directors and Coordinators** are requested to kindly circulate this information among their **students, faculty members, officers and non-teaching staff** and encourage them to participate in this important wellness initiative.

Interested students, faculty members, officers and staff members who wish to participate in the **Mass Yoga Session** are requested to register by sending their details (Name, Department/Centre, Designation/Programme and Contact Number) via email to the **University Cultural Officer** by 18th June, 2026 at shahidkhandsw@uok.edu.in.

Programme Details:

1. **Date:** Sunday, 21st June 2026
2. **Reporting Time:** 7:30 a.m.
3. **Venue:** Athletic Track, University of Kashmir
4. **Dress Code:** Participants are requested to wear comfortable sports attire suitable for yoga and physical activity.
5. **Yoga Mats:** Yoga mats will be provided by the organizers.
6. **Certificate:** A Certificate of Participation will be awarded to all registered participants.

Participants are requested to report at the venue by **7:30 a.m.** sharp to facilitate registration and other necessary arrangements. Yoga mats and Certificates of Participation shall be provided to all registered participants.

We look forward to the enthusiastic participation of the University fraternity in making the celebration of International Yoga Day 2026 a grand success.

With regards,

Yours sincerely,

Sd./

Prof. Seema Singh

Dean Students' Welfare

Copy to:

1. Special Secretary to HVC for the kind information of the Hon'ble Vice Chancellor
2. PS to Registrar for the kind information of the worthy registrar

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